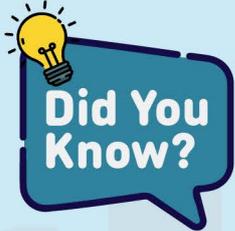




# GUIDE TO SUSTAINABLE LIVING



## Did You Know?

The national recycling rate in Malaysia is still low at **33.17%**, with **4.626 tonnes** of general recyclable waste.

Every Malaysian generates 1.17 kg of waste daily, cumulatively generating approximately **38, 219 tonnes of trash annually.**

Most recyclables **could not be recycled** due to improper disposal methods.



## Why we should be aware?

**1** 

It is our ethical responsibility towards the Earth.

**2** 

Our health will deteriorate due to the worsening environment.

**3** 

Wastes pollute our environment and natural resources.

**4** 

Most landfills are at maximum capacity.

## HOW TO BE MORE RESPONSIBLE TOWARDS OUR OWN WASTE?

(8R-NATURE-CENTRIC PHILOSOPHY)

## RETHINK YOUR ACTIONS TO CREATE LESS WASTE



## BE A RESPONSIBLE CONSUMER.

## REVITALISE OLD ITEMS

BY REPAIRING THEM & MAKING NEW PRODUCTS FROM WASTE.



## REDUCE YOUR ESSENTIALS. PLAN YOUR PURCHASES AHEAD.

## RECYCLE

WHAT YOU CANNOT REFUSE, REDUCE, OR REUSE.



## REUSE ITEMS INSTEAD OF DISPOSING THEM.

## REPURPOSE FOOD & OTHER ORGANIC WASTE BY COMPOSTING.



## RESPECT NATURE & PEOPLE, ESPECIALLY WASTE-HANDLING WORKERS.

## REPLANT TREES & SUPPORT THE REFORESTATION MOVEMENT.

